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## **The Hebrew Root of Spirit**

The Hebrew word for Spirit is “*ruach*.” It is composed of a *resh*, a *vav*, and a *chet*. The word itself literally means “*wind*” or “*moving air*.”

This of course paints a specific picture for us. “*Ruach*” includes an idea of an unseen power. For example, wind is not seen, but you can see the effects of wind.

Thus, “*ruach*” can be used for YHWH, or it can be used for spiritual beings, or it can even be used for emotions, such as the spirit of anger, or the spirit of lust...as emotions inside of us are not seen, but we can see the effects of our emotions in our behavior.

In other words, something that is “*ruach*” can cause something to occur, but we cannot necessarily see the cause itself...it is hidden from us.

The “*ruach*” is linguistically derived from the Hebrew Words “*arach*,” “*rachah*” and “*yarach*.”

The Hebrew word “*arach*” means a person who follows a set path from one place to another. “*Rachah*” is a millstone that follows a circular path and crushes grain into flour. And “*yarach*” means “*moon*” which follows an established circular path.

The common denominator here is that “*ruach*” is linguistically rooted in something that follows an established, repeating, circular path.

This should resonate with those who have studied the Word and noticed these patterns...specifically recognizing that the patterns in Scripture repeat. Of course, it is an “unseen power” that causes these patterns to manifest, the “*ruach elohim*”, or “*spirit of God*.” And in that, is the connection.

### **Ecclesiastes 1:9**

*What has been is what will be, and what has been done is what will be done, and there is nothing new under the sun.*

We hope that this teaching has blessed you, and remember, continue to test everything.

Shalom

For more on this and other teachings, please visit us at [www.testeverything.net](http://www.testeverything.net)

**Shalom, and may Yahweh bless you in walking in the whole Word of God.**

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